

Salads Menu

These are just some of the salad menu options we provide. They can be served as individually portioned boxes or on platters to share as part of a buffet or luncheon feast. We update our menus sporadically but are trying new things constantly, so please contact us to see if there's something new we would recommend. Should you wish to have more gluten or dairy free options just ask, we can give you quite a few more to choose from.

Minimum order for individually boxed portions (6).

All items are subject to seasonal availability.

Legend: v-vegetarian; d-dairy free; gf-gluten free

** denotes item can be adjusted to be gluten or dairy free as noted.
Please notify us if any guests are allergic as opposed to intolerant.*

♥ Salads

- **Moroccan Spiced Pumpkin & Feta Salad (v gf)**
Cumin & coriander spiced roast butternut pumpkin, marinated feta, pine nuts & arugula with a honey & mustard vinaigrette.
- **Thai Beef & Glass Noodle Salad (gf df)**
Marinated beef strips, carrot, cucumber, red onion, coriander, mesclun, basil & glass noodles with a lime & sweet chilli dressing.
- **Vietnamese Prawn / Chicken salad (gf df)**
Poached chicken breast or prawns, shredded cabbage, carrot, cucumber, coriander, mint with fried shallots & chopped roasted peanuts, spicy nouc cham dressing.
- **Chicken Kebabs with Papaya Salad (gf df)**
Chicken tenderloins with papaya, cucumber, mint, shallots, ginger & chilli salsa, on a bed of butter lettuce with bean sprouts.
- **Smoked Salmon, Avocado & Udon Noodle Salad (df)**
Smoked salmon, snow pea sprouts, avocado & Spanish onion & udon noodles in a lime & wasabi dressing.
- **Pesto Pasta Salad with Salami & Sundried Tomato (*v)**
Penne pasta with hot salami, sun-dried tomato, Kalamata olives, chives & pinenuts with a pesto dressing.
- **Peking Duck Salad**
Roasted hoisin duck, Soba noodles, cucumber, snow pea sprouts & shallots in a Peking dressing.
- **Tortellini & Smoked Salmon Salad**
Cheese & spinach tortellini, smoked salmon mesclun & capers with a dill yoghurt dressing.
- **Fetta, Tomato & Chickpea Salad (v gf)**
Marinated feta, tomato, chickpeas in a lemon & basil vinaigrette.
- **Sesame Chicken Salad with Cucumber Noodles (gf df)**
Shredded roasted chicken, cos lettuce, Chinese cabbage, spring onion, coriander, black & white sesame seeds & cucumber noodles with a soy & sesame dressing.
- **Ham & Crisp Roasted Potato Salad (gf)**
Leg ham, roasted chat potatoes, green beans, avocado & mesclun in a balsamic & orange vinaigrette

- **Lamb & Green Bean Parmesan Salad**
Thinly sliced lamb loin with green beans & watercress in a creamy parmesan dressing.
- **Avocado & Moroccan Roast Baby Carrot Salad (v, gf)**
Thyme, chilli & cumin roasted carrots, arugula, toasted pepita, sunflower & sesame seeds, avocado topped with Greek yoghurt.
- **Thai Style Prawn, Mango & Tomato Salad (gf df)**
Prawn, mango, avocado & cherry tomato served on watercress with a Thai dressing & sesame seeds.
- **Roasted Vegetable & Couscous Salad (v df)**
Roasted fennel, eggplant, butternut pumpkin & zucchini tossed with arugula, fresh red onion & red capsicum in a light balsamic vinaigrette.
- **Roasted Pumpkin, Green Beans, Kale, Almond & Avocado Salad (v, gf, df)**
Cumin roasted butternut pumpkin, green beans, avocado, toasted flaked almond & curly kale with a honey & soy dressing.
- **Potato, Bacon & Avocado Salad (gf)**
Steamed chat potatoes, with crispy bacon lardons, avocado & creamy dressing
- **Classic Caesar Salad with Chicken / Salmon (*gf *v)**
Cos lettuce, croutons, crispy bacon lardons, parmesan & egg with either Poached chicken or smoked salmon & Caesar dressing
- **Carrot & Coconut salad with Chimichurri Chicken (df gf)**
Grated carrot, shredded coconut, almond and currants with pieces of Chimichurri grilled chicken
- **Smoked Chicken, Avocado & Mango salad (df gf)**
Sliced smoked chicken tossed with mesclun, mango, avocado & pinenuts in a mustard vinaigrette
- **Roasted Turkey, Cranberry, Walnut & Goats cheese Salad (v df)**
Roasted turkey breast, red onion, cranberries, dried apricot, tossed with arugula, toasted pepita, walnuts & crumbled fetta in an apple cider vinaigrette.
- **Chicken waldorf with blue cheese dressing (gf)**
Chicken with a classic celery & apple waldorf salad and a blue cheese dressing.
- **Avocado, green bean almond & goats cheese salad (gf)**
Green beans & rocket with avocado, toasted flaked almonds, basil and goats cheese dressed with lime juice and EVO oil.
- **Eggplant & cucumber & quinoa salad with lemon tahini dressing (df gf)**
Roasted eggplant, chickpeas, cucumber, cherry tomatoes, scallions and quinoa with a lemony tahini dressing.
- **Red papaya salad with haloumi (gf)**
Red papaya, cucumber, bean shoots, toasted almond, butter lettuce & mint with pan fried haloumi.
- **Pomegranate, rocket & fetta salad with sesame oil dressing (gf)**
Rocket & baby spinach, pomegranate arils, toasted almonds and marinated fetta with a sesame oil & EVOO dressing.
- **Fattoush salad with yoghurt tahini dressing**
Radish, tomato, cucumber, onion, coriander & parsley salad with toasted Lebanese bread croutons & a tahini yoghurt dressing.
- **Classic Greek salad (gf)**
Tomato, cucumber, red onion and kalamata olives with oregano and fetta.
- **Butter lettuce, cherry tomato, avocado & Jalapeno salad (gf)**
Butter lettuce with fresh cherry tomatoes, avocado pickled jalapenos dressing with EVOO
- **Roast sweet potato quinoa black bean salad (v)**
Roasted sweet potato with quinoa, capsicum, black beans, avocado, pepita, coriander with a lime & maple syrup dressing.

- ***Za'atar roasted broccoli & cauliflowers salad***

Za'atar spiced roasted cauliflower & broccoli florets, with couscous, medjool dates, chickpeas, pinenuts lemon & parsley.

- ***Quinoa, roasted fennel & pomegranate tabouli (gf)***

Quinoa with maple roasted fennel, basil, pomegranate & kale with a pomegranate molasses dressing.